

Survivors and victims of abuse

Support Groups and Organisations

You may wish to make contact with an organisation to share your experience, receive peer support or to talk about other types of support that are available. Some support groups are listed below, though is not exhaustive:

- **NAPAC** – National Association for People Abused in Childhood
www.napac.org.uk
provide support to adults who have been abused in any way as children.
Contact on 0808 801 0331 Mon - Thurs 10am – 9pm, Fri 10am – 6pm
or support@napac.org.uk
- **Rape Crisis** England and Wales
www.rapecrisis.org.uk
provide support to women and girls who have experienced sexual trauma.
Contact on 0808 500 2222 (24 Hour)
Or chat online for free via their website
- **The Survivors Trust**
www.thesurvivorstrust.org
provide support to men who have experienced sexual abuse, adult sexual assault or rape.
Contact 08088 010 818 Mon – Thurs 10am–12.30pm, 1.30pm–5.30pm, 6pm–8pm;
Fri 10am – 12.30pm & 1.30pm – 5.30pm; Sat 10am – 1pm; Sun 5pm – 8pm
or info@thesurvivorstrust.org
- **MACSAS** – Minister & Clergy Sexual Abuse Survivors
www.macsas.org.uk
provide support to anyone who has been sexually abused, as children or adults, by ministers, clergy or others under the guise of the Church.
Contact 08088 010 340 Wed 7pm – 9.30pm; Sat 9am – 11.30am
- **The Lantern Project**
www.lanternproject.org.uk
provide help and support for survivors of sexual abuse
Contact: lanternproject@yahoo.co.uk

- **MOSAC**

www.mosac.org.uk

provide support for all non-abusing parents and carers whose children have been sexually abused

Contact 0800 980 1958

- **Samaritans**

www.samaritans.org

someone to talk to and will listen without judgement

Contact 116 123 (24 Hour) or jo@samaritans.org

If you would like access to support or advice but do not see an organisation listed that you feel could be right for you, please contact the Diocesan Safeguarding Team, who will aim to find you a contact that provides what you are looking for.

If you have experienced abuse at any time, we encourage you to speak with someone to access support, talk through options or to report the abuse. You may talk with someone you already know, your ministry team if you are part of a church, or a person at one of the listed organisations.

If you are still unsure, please contact the Diocesan Safeguarding Team for advice.

Contacting the police

You can make a report to the police about abuse that you have experienced. We would especially encourage you to do this if there is any possibility that the person who harmed you may still be in a position to harm others.

Contact 101 (non-emergency) or 999 (emergency)

Each police force area has a Sexual Assault Referral Centre (SARC). These centres provide advice and support to anyone that has experienced sexual assault or rape no matter how recently it happened, no matter what age you are and no matter what your gender. Most centres will enable you to speak confidentially about what happened and can provide support with reporting the event to police and with accessing counselling or other forms of support.

Local Sexual Assault Referral Centres

Bristol: Sexual Violence Survivors Pathway:

www.survivorpathway.org.uk/bristol/

South Gloucestershire: Sexual Violence Survivors Pathway: Sexual Violence Survivors Pathway

www.survivorpathway.org.uk/south-gloucestershire/

Modern Slavery

The Safe Car Wash app is a tool that will enable the largest community intelligence gathering exercise ever attempted in the United Kingdom.

It can be downloaded via the website

<https://theclewerinitiative.org/campaigns/safe-car-wash>

raising awareness of all aspects of modern slavery and help support victims and vulnerable groups by mobilising local churches and communities